


HEALTHY JACKSON COUNTY
IMPROVING NUTRITION WORKGROUP

AGENDA

July 10, 2019

10:00AM-11:30AM

Community Foundation of Jackson County

Welcome	
<p>Bethany Daugherty, Health & Wellness Education Specialist, Schneck Medical Center</p>	<p>Welcome! THANK YOU! Thank you for your support and serving on the “Improving Nutrition” workgroup of Healthy Jackson County.</p>
Introductions	
<p>Members Present:</p> <ul style="list-style-type: none"> Molly Marshall – Purdue Extension Susan Zabor-SMC Bethany Daugherty-SMC John Doriot-SMC Ginger Schneck – Girls Inc. Melanie O’Neal – MHA/ARC 	<p>Guests from Gleaners Food Bank of Indiana:</p> <ul style="list-style-type: none"> Sloan Shockley, Senior & Mobile Pantry Programs Manager Becky Voelz, Agency Relations Manager
Review Healthy Jackson County Efforts - 2019	
<p>Bethany Daugherty</p>	<p>Continue workgroup efforts with focus on the current Mission & Vision of HJC</p> <p>Vision: To create a sustainable culture of health and wellness throughout Jackson County evidenced by improved health outcomes data.</p> <p>Mission: Collaboratively, create and promote a healthy environment to empower our Jackson County community to achieve improved health outcomes. We will do this through: Policies, Education, System and Environmental Changes.</p>
	<p>Recap of Collective Impact</p> <div style="text-align: center;">  </div>
Gleaners Food Bank of Indiana	
<p>Sloan Shockley Becky Voelz</p>	<p>Continuation of conversation at June community meeting with Gleaners to discuss reaching rural populations.</p> <ul style="list-style-type: none"> Gleaners’ serves 21 counties. Focus is to bring nutritious food to rural areas, and creating sustainability in serving the hungry through community engagement. Goal is to find an indoor facility for a food pantry in the Medora area; mobile pantries are dependent on the weather. Gleaners’ food bank is a member of Feeding America which is the nation’s

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	<p>food bank network. Gleaners' receives donated product and purchases nutritious product that member agencies have access to (member agencies are 501C3 status). All food is inspected to meet food safety guidelines. Agencies can purchase the case-lot product or go with the donated product at so many cents/per pound, or fresh produce and frozen foods.</p> <ul style="list-style-type: none"> • The Jackson Co. Senior mobile pantry is at the Brownstown Nazarene Church on the 3rd Friday of each month from 10-12pm. (next date is July 19 - will not come if it's raining). It takes 10-15 volunteers to run the pantry. In the winter months, the gym in Vallonia is used. Cost every time the truck pulls out from Gleaners is \$5,000. • Require pantries to be open a minimum of twice a month. Qualifications to get food are age 55 and over, and Jackson Co. resident. Average number of households served is 125. • Working on finalizing proxy guidelines so someone can pick up food for others. • School-based pantries school year 2018-2019: Brownstown High School and Seymour High School • Medora Christian Church provides a pantry in Medora. Could this possibly become a Gleaners' agency? Also include Medora School and bank in this discussion.
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Community Nutrition Toolkit

<p>Molly Marshall Bethany Daugherty</p>	<ol style="list-style-type: none"> 1. Review gathered resources – review resources on your own 2. Discuss points of distribution. <ul style="list-style-type: none"> • Food pantries • Physician offices • SMC health coaches • Social media – share 1 page a day • SMC website – provide link to download resources • HJC business card – provide link to download resources • SMC physician waiting rooms
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Community Food Drive

<p>John Doriot</p>	<ul style="list-style-type: none"> • Due to regulatory regulations, SMC cannot host a food drive by itself. HJC would need to be involved and partner with other organizations. • Create list of recommended donated items (reach out to local pantries for input). • Consider hosting a paper products drive.
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Website Update

<p>Bethany Daugherty</p>	<p>SMC will have a HJC section on the Schneck community wellness website. This will be a good location for the nutrition toolkit and other information / resources.</p>
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Workgroup Goals - 2019

<p>Bethany Daugherty</p>	<p>Goal 1: Develop nutrition toolkit and disseminate throughout community. Other goals?</p> <ul style="list-style-type: none"> • Food drive • Medora food pantry
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Healthy Happenings

Bethany Daugherty	<p>Introductions to take place: Name: Name of Organization Representing: Healthy Happening Announcement(s):</p> <p>Please share current efforts through your specific organization/personal volunteer work that are in relation to improving nutrition in our community through promotion, engagement, community events, etc.</p> <ul style="list-style-type: none"> • Ginger Schneck, Girls Inc: Marcia Monroe will be helping the girls harvest the wheat next week and will make pizza crust with the wheat. Marcia then plans to plant pumpkins to use in a pumpkin dish. Healthy items are offered in the concession stand. • Molly Marshall, Purdue Extension: Holding a cooking class at the library. In the process of updating the food assistance brochure (distributed at food pantries, schools and online). Friday night (July 12) is Fit for Fun Friday at the Seymour fitness court. • Melanie O’Neal, Mental Health/ DSI: Suicide prevention awareness coalition – doing grant writing and have purchased 2 books mentioned in the ‘Reject’ film. Collaborating with SMC for cooking demonstration. ARC provides healthy snack options for clients at DSI. • John Doriot, SMC: Interns from Ball State created a display in the hospital cafeteria on food insecurity. Food demonstration will be given at the Jackson Co. fair on Wednesday. Dietician will present at the library in August. • Bethany Daugherty, SMC: Continue to grow health coaching program for area businesses. Cooking demonstrations shared on SMC blog and YouTube.
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Workgroup Meeting Schedule - 2019

Bethany Daugherty	<p>Improving Nutrition Workgroup:</p> <hr/> <p>Purpose: To work collaboratively and make an impact together that improves nutrition throughout Jackson County.</p> <p>2019 WORKGROUP MEETING SCHEDULE</p> <hr/> <p>Improving Nutrition</p> <table border="1"> <tr> <td data-bbox="430 1623 634 1682">October</td> <td data-bbox="634 1623 755 1682">9</td> <td data-bbox="755 1623 922 1682">Wednesday</td> <td data-bbox="922 1623 1195 1682">10:00-11:30AM</td> <td data-bbox="1195 1623 1528 1682">Community Foundation of Jackson County</td> </tr> </table>	October	9	Wednesday	10:00-11:30AM	Community Foundation of Jackson County
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Bethany Daugherty	<p>Purpose: To reconvene biannually to recap/celebrate successes and accomplishments, discuss current and future opportunities and discuss action plans.</p> <p>2019 HJC MEETING SCHEDULE</p> <table border="1" data-bbox="431 478 1528 533"> <tr> <td align="center">November</td> <td align="center">6</td> <td align="center">Wednesday</td> <td align="center">11:30AM-1:00PM</td> <td align="center">Schneck Medical Center Auditorium</td> </tr> </table>	November	6	Wednesday	11:30AM-1:00PM	Schneck Medical Center Auditorium
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Networking/New Member Possibilities						
Healthy Jackson County – New Member Discussion	Do you have anyone in mind that would be a great fit for Healthy Jackson County? Would the individual enjoy making an impact and changing the culture of health in our community? If so, please let me know and I will reach out to them!					
Next Steps	<ul style="list-style-type: none"> • Molly: Contact Medora Christian Church and school to discuss food pantry • Bethany: Add Becky Voelz to HJC Nutrition Workgroup distribution list • Bethany: Set up every other month meetings for the Nutrition Workgroup • Bethany: Email HJC distribution list for input on the food drive. Reach out to churches who participated in Cold Night Out Shelter (Shondra Gentry (sp?) at Bethel). • Goal: Develop food coalition to maximize and coordinate resources to work together. • Bethany: Re-send link to Delaware / Blackford Counties' tool kit. • Molly: Send Bethany link to food assistance brochure. • Bethany: Work on business cards. • All: Look through information / resources for toolkit. 					
Adjournment – 11:34am						



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Healthier Together™